



For Love In A Time of Conflict

My wishes for couples who are hurting,
yet longing to love deeply.




Poem by John O'Donohue,
A Book of Blessings, (2008).
New York: Doubleday, p.32.

For Love In A Time of Conflict

When the gentleness between you hardens
And you fall out of your belonging with each other,
May the depths you have reached hold you still.

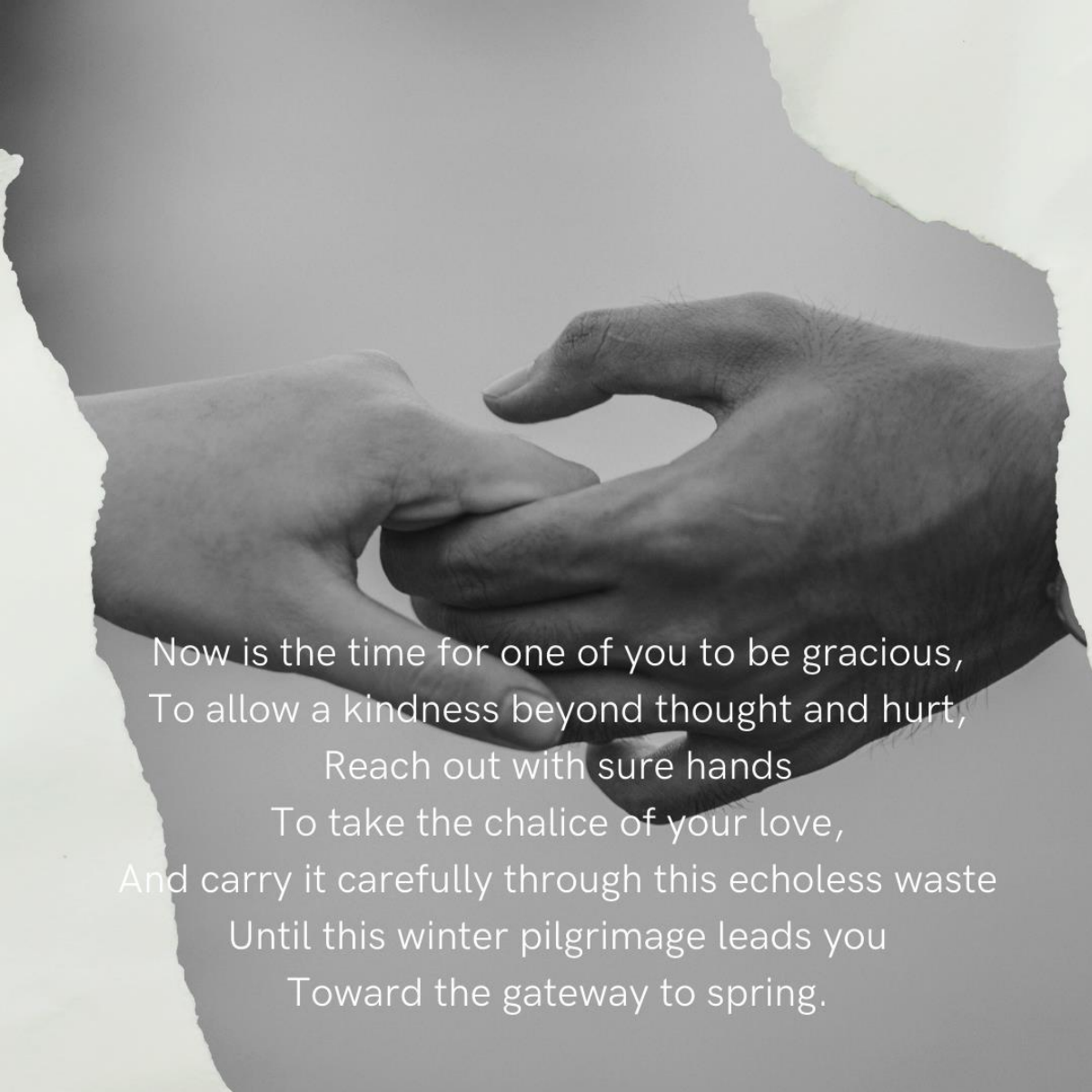




When the weave of affection starts to unravel
And anger begins to sear the ground between you,
Before this weather of grief invites
The black seed of bitterness to find root,
May your souls come to kiss.



When no true word can be said, or heard,
And you mirror each other in the script of hurt,
When even the silence has become raw and torn,
May you hear again an echo of your first music.

A black and white photograph showing two hands clasped together in a firm grip. The hands are positioned centrally, with the fingers interlaced. The image is framed by a torn paper effect, with the edges of the paper appearing jagged and uneven. The background is a soft, out-of-focus grey. The text is overlaid on the lower half of the image, centered horizontally.

Now is the time for one of you to be gracious,
To allow a kindness beyond thought and hurt,
Reach out with sure hands
To take the chalice of your love,
And carry it carefully through this echoless waste
Until this winter pilgrimage leads you
Toward the gateway to spring.



Learn how to remain close & intimate as lovers and friends,
how to manage conflict well,
how to create a meaningful, purpose-filled life together.

www.elizabethwilliamsonsolutions.com

info@elizabethwilliamsonsolutions.com